



# WATERDOGS 2025!

## Water Safety Classes in Tomales Bay



### Location

Hearts Desire Beach  
1100 Pierce Point Rd.  
Inverness, CA 94937

### Two-week session

July 21 – August 1  
Monday – Friday Afternoon

Youth 6 to 17 years old

**Tuition \$100**

***Limited scholarships available for West Marin residents***

**Additional applications are available at**

**[www.westmarincommunityservices.org/waterdogs2025/](http://www.westmarincommunityservices.org/waterdogs2025/)**

**Turn in your application\* by Friday May 16 by 5pm**

**415-663-8418 [waterdogs@westmarincs.org](mailto:waterdogs@westmarincs.org)**

\*Note: Completion of this application does not secure enrollment. We will follow up with you by Monday June 2 about the status of your application.

## General Information

To guarantee your child's enrollment in the program, ensure the safety of your child, and to maximize class time, please take a moment to read the enclosed information.

### FORMS CHECKLIST:

- APPLICATION – page 4
- PROGRAM WAIVER AND EMERGENCY CONTACT – page 6
- POOL WAIVER AND PHOTO RELEASE FORM – page 7

**ALL THREE FORMS MUST BE SIGNED AND RETURNED by May 15 at 5pm.**

Fully completed applications can be emailed to [waterdogs@westmarincs.org](mailto:waterdogs@westmarincs.org) or dropped off:

- **WMCS Resource Center and Food Pantry**

11431 Highway 1, Suite 10\*, Point Reyes Station CA 94956

Monday, Wednesday, and Friday: 9am – 12pm, Tuesday and Thursday: 1 – 4pm

\*Door is on Mesa Rd.

- **WMCS Youth Center**

West Marin Elementary School – 11550 Shoreline Hwy, Point Reyes Station, CA 94956

Monday through Friday: 3 – 6pm on school days

We will be teaching children and youth 6 – 17 years old to complete Learn-to-Swim (LTS) Levels 1 – 4 (see page 5). We cannot guarantee classes for Levels 5 or 6, but if your child is at those levels, please give us a call.

### **ENROLLMENT PROCESS:**

**Completion of this application does not secure enrollment. We will follow up by Monday June 2 about the status of your application.**

Tuition is \$100 per child. **NO PAYMENT IS NECESSARY AT THIS TIME.**

Upon being accepted to the program, we will collect payment via cash, check, or online through our donation portal (choose Waterdogs 2025 Membership). Scholarships available.



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*Every one. All ways.*

**CLASSES:**

- **Monday – Friday, July 21 – August 1 at Hearts Desire Beach, 1100 Pierce Point Rd., Inverness CA**
- **All students must be on time for class.** Allow 15 minutes to park and change into swim gear. Class time will be assigned upon acceptance to the program since groups will be based on skill level and age.
  - 1 – 1:30pm
  - 1:40 – 2:10pm
  - 2:20 – 2:50pm
- **All children must be accompanied by an adult to all swimming classes.** Each child must have a designated adult that is watching them at all times, especially during class.

**SCHOLARSHIPS:**

- A limited number of scholarships are available for West Marin residents. Please contact WMCS for a scholarship application form.
- Please consider donating to sponsor a child through the Waterdogs' Scholarship Fund.
- You will be asked about your need for a scholarship and willingness to donate once your child is accepted to the program.

**POOL TESTING:**

- **The final testing will be Wednesday July 30 and Thursday 31 at a pool in West Marin (address TBA) during your child's regular class time.** If you know of a local pool we can use, please contact us! Late arrivals will not be tested.
- **An adult must accompany the child.** No additional children will be allowed.

**FINAL DAY OF WATERDOGS AUGUST 1:**

All participants will meet at Hearts Desire Beach, at 1 pm for the Presentation of Certificates followed by a celebration of the children's accomplishments. It's a potluck where we encourage all parents to participate and bring snacks to share!

**VOLUNTEER – TOSTADA SALE AT THE INVERNESS FAIR SATURDAY AUGUST 8:**

We are looking for volunteers for our annual Tostada Sale at the Inverness Fair.



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# Waterdogs 2025 Application

The 2025 Waterdogs Swim Program sponsored by WMCS Youth Services will be **Monday – Friday July 21 – August 1 at Hearts Desire Beach, 1100 Pierce Point Rd., Inverness, CA.**

Students must be 6 years and older. Those who successfully complete the classes will receive a Red Cross Swim Certificate. **The cost is \$100 per student. Scholarships are available.**

My child, \_\_\_\_\_ (child’s name) has my permission to take the American Red Cross classes sponsored by WMCS and held at Hearts Desire Beach in Tomales Bay State Park in Inverness and **will be accompanied by an adult,**

\_\_\_\_\_ (adult’s name).

**Child’s Date of Birth** \_\_\_\_\_ **Child’s current swim level (Based on table below)** \_\_\_\_\_

**Parent/Guardian Signature** \_\_\_\_\_

**Date** \_\_\_\_\_ **Phone number** \_\_\_\_\_

**Address** \_\_\_\_\_

**Child’s Youth t-shirt size (Free)** \_\_\_\_\_ **Additional shirts \$20 for adult, \$15 for youth** \_\_\_\_\_

**Anything we should know about your child?** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



## Red Cross Learn-to-Swim Levels

<p><b>Level 1</b> <b>Intro. to Water Skills</b></p>	<p>Must be at least 6 years old, no swimming prerequisites. Orientation to the aquatic environment. Participants acquire basic aquatic skills and learn how to be safe around the water.</p>
<p><b>Level 2</b> <b>Fundamental Aquatic Skills</b></p>	<p>Prerequisites for this level are that swimmers can independently:</p> <ul style="list-style-type: none"> <li>• Glide on front for at least 2 body lengths.</li> <li>• Roll to a back float for 5 seconds.</li> <li>• Recover to a vertical position without assistance.</li> <li>• Enter and exit the water.</li> </ul>
<p><b>Level 3</b> <b>Stroke Development</b></p>	<p>Prerequisites for this level are that swimmers can independently:</p> <ul style="list-style-type: none"> <li>• Execute all skills described in Level 2.</li> <li>• Tread or float for at least 15 seconds then swim on front and/or back for 5 body lengths.</li> <li>• Back float for 15 seconds, roll to front, then recover to a vertical position.</li> <li>• Push off wall and swim using combined arm and leg actions on front for 5 body lengths, roll to back, float for 15 seconds, roll to front, then continue swimming for at least 5 body lengths.</li> </ul>
<p><b>Level 4</b> <b>Stroke Improvement</b></p>	<p>Prerequisites for this level are that swimmers can independently:</p> <ul style="list-style-type: none"> <li>• Execute all skills described in Level 2 and 3.</li> <li>• Jump into deep water, recover to the surface, maintain position by treading or floating for 1 minute, rotate one complete turn, then swim front crawl (freestyle) or elementary backstroke for 25 yards.</li> <li>• Push off the wall in a streamlined position, then swim front crawl (freestyle) for 15 yards, change position and direction as necessary, then swim elementary backstroke for 15 yards.</li> </ul>

**Waterdogs 2025 Swim Program Waiver**

I hereby absolve WMCS and Tomales Bay State Park of any and all responsibility for the safety of my child and myself while participating in the Waterdogs Swim Program.

**I understand that my child is to be accompanied to all classes by an adult, and that person has sole responsibility for my child both in and out of the water, even during lesson time.**

**Beach Adult Chaperone Information**

**My child will be accompanied by (print name)** \_\_\_\_\_

Relationship to child \_\_\_\_\_

Chaperone Phone number \_\_\_\_\_

Email \_\_\_\_\_

Parent/Guardian

Signature \_\_\_\_\_ Date \_\_\_\_\_

**Emergency Contact**

Name (printed) \_\_\_\_\_

Relationship to child \_\_\_\_\_

Phone Number \_\_\_\_\_

## Swim Test Pool Release Form

The test will occur at a pool on Wednesday July 30 and Thursday 31. The address and times will be announced during the first week of the session. **NO STUDENT WILL BE ADMITTED IN THE POOL IF HE/SHE HAS NOT RETURNED THIS FORM. PLEASE BE SURE YOUR CHILD IS ON TIME FOR THEIR ASSIGNED SWIM TEST. NO STUDENT WILL BE ADMITTED AFTER THE HOUR ASSIGNED TO HIS OR HER TEST.**

I, \_\_\_\_\_, parent of \_\_\_\_\_, hereby accept full responsibility and release all others from any liability or obligation during the use of the pool and patio facilities.

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

## Photograph Release Agreement

I hereby give West Marin Community Services permission to use photos of my child for Youth Program-related promotions, including websites, program communications, flyers, and other Youth Program-related purposes.

Signature \_\_\_\_\_ Date \_\_\_\_\_

